

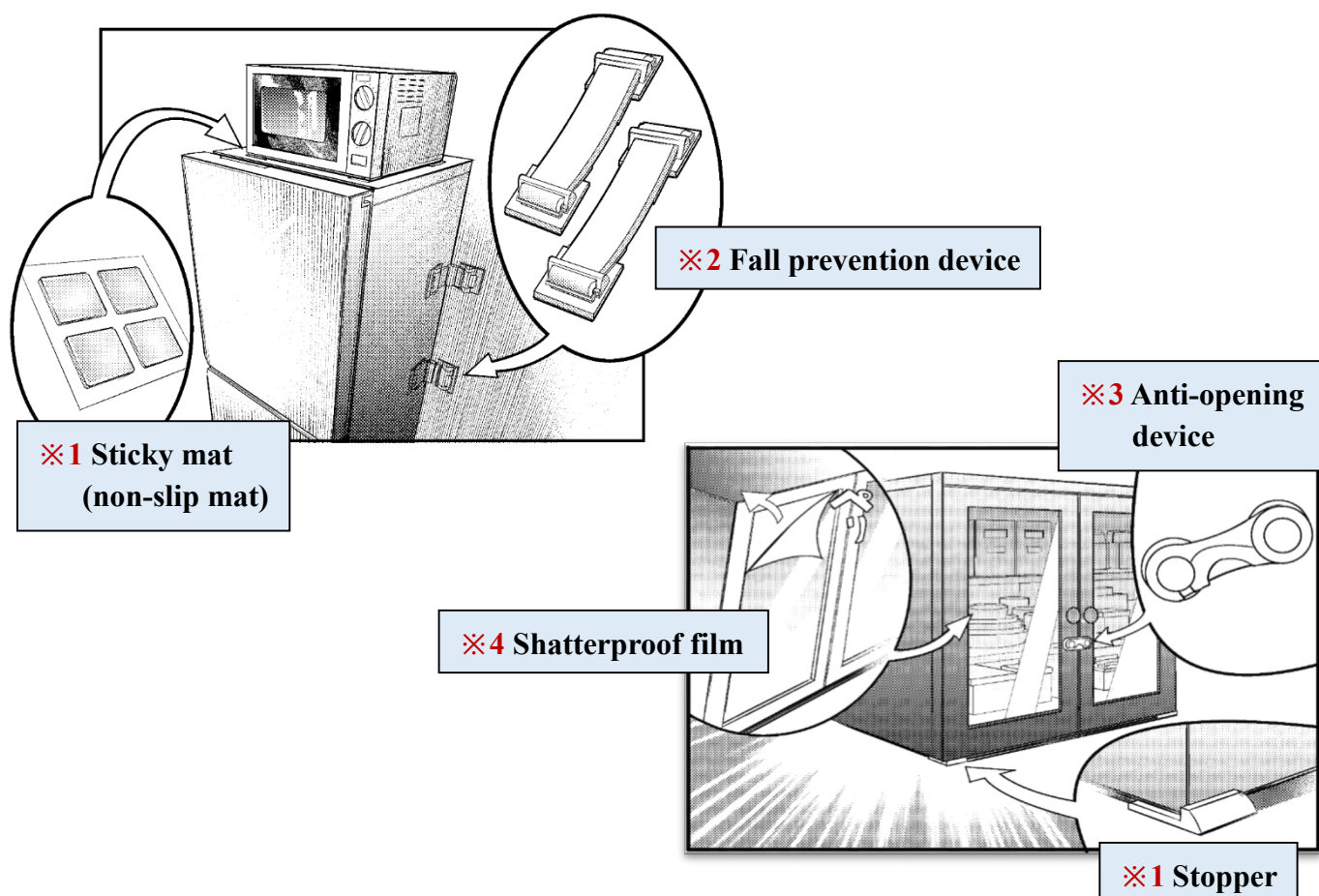
## Supplementary Appendix 1. Self-administered questionnaire on individual preparedness for large-scale earthquakes

### Preparedness for home safety

Please check (☑) if you take safety measures at home (current residence) to prepare for earthquakes.

Please do not check if you are not prepared.

	Please check (☑) if you take safety measures at home
1) I place sticky mats, stoppers, etc※ <sup>1</sup> under furniture and home appliances	<input type="checkbox"/>
2) I attach fall prevention devices※ <sup>2</sup> to the sides and tops of furniture and home appliances	<input type="checkbox"/>
3) I store heavy items in the bottom of storage furniture (shelves, etc.)	<input type="checkbox"/>
4) I do not place furniture or home appliances near the entrance to my room	<input type="checkbox"/>
5) I do not place furniture or home appliances near beds or futons	<input type="checkbox"/>
6) I put anti-opening devices※ <sup>3</sup> on doors and drawers of storage furniture	<input type="checkbox"/>
7) I do not place objects on top of furniture or home appliances	<input type="checkbox"/>
8) I put shatterproof film※ <sup>4</sup> on glass (windows, cupboard doors, etc.)	<input type="checkbox"/>
9) I know the location of the breaker	<input type="checkbox"/>
10) I know how to turn off the breaker	<input type="checkbox"/>
11) I know the location of nearby fire extinguishers	<input type="checkbox"/>
12) I know how to use the nearby fire extinguisher	<input type="checkbox"/>



**Preparedness for safety confirmation and evacuation**

Please check (☑) if you are prepared for earthquakes.

Please do not check if you are not prepared.

	Please check (☑) if you are prepared for earthquakes
1) I have decided how to confirm my safety with family and friends	<input type="checkbox"/>
2) I know how to use the Disaster Emergency Message Dial (171) and Disaster Emergency Message Board (Web171)	<input type="checkbox"/>
3) I know nearby evacuation sites	<input type="checkbox"/>
4) I know the evacuation routes to the nearby evacuation sites	<input type="checkbox"/>

Please check (☑) if you are prepared items at home (current residence) to wear during evacuation.

Please do not check if you are not prepared.

	Please check (☑) if you are prepared items at home to wear during evacuation
1) Helmet	<input type="checkbox"/>
2) Long sleeves shirt and long pant	<input type="checkbox"/>
3) Gloves	<input type="checkbox"/>
4) Sneakers	<input type="checkbox"/>
5) Light (headlight, neck light, flashlight, etc.)	<input type="checkbox"/>
6) Whistle	<input type="checkbox"/>
7) Bag containing emergency items	<input type="checkbox"/>

**Preparedness regarding items to take in case of evacuation****Preparedness regarding items to stockpile at home**

Please check (☑) in column A if you stockpile items at home (current residence).

Please also check (☑) in column B if you stockpile items in your evacuation bag at home (current residence).

Please do not check if you are not prepared.

	<b>[A] Please check (☑) if you stockpile items at home</b>	<b>[B] Please also check (☑) if you stockpile items in your evacuation bag at home</b>
1) Cash	<input type="checkbox"/>	<input type="checkbox"/>
2) Copy of identification documents (passport, residence card)	<input type="checkbox"/>	<input type="checkbox"/>
3) Copy of cash card and bankbook	<input type="checkbox"/>	<input type="checkbox"/>
4) Mobile battery for smartphone and mobile phone	<input type="checkbox"/>	<input type="checkbox"/>
5) Radio	<input type="checkbox"/>	<input type="checkbox"/>
6) Drinking water	<input type="checkbox"/>	<input type="checkbox"/>
7) Emergency food and preserved food (instant food, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
8) Disposable tableware (disposable chopsticks, paper cups, paper plates, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
9) Regular medicine and medicine for chronic diseases	<input type="checkbox"/>	<input type="checkbox"/>
10) First aid kit (plasters, bandages, disinfectant, thermometer, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
11) Hand rubbing alcohol	<input type="checkbox"/>	<input type="checkbox"/>
12) Mask	<input type="checkbox"/>	<input type="checkbox"/>
13) Toothbrush and toothpaste	<input type="checkbox"/>	<input type="checkbox"/>
14) Sanitary items ※women only	<input type="checkbox"/>	<input type="checkbox"/>
15) Emergency portable toilet	<input type="checkbox"/>	<input type="checkbox"/>
16) Toilet paper	<input type="checkbox"/>	<input type="checkbox"/>
17) Tissue paper	<input type="checkbox"/>	<input type="checkbox"/>
18) Large plastic bag	<input type="checkbox"/>	<input type="checkbox"/>
19) Towel and large handkerchief	<input type="checkbox"/>	<input type="checkbox"/>
20) Change of clothes	<input type="checkbox"/>	<input type="checkbox"/>
21) Cold weather gear (warmer, aluminum blanket, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
22) Rain gear (raincoat, umbrella, etc.)	<input type="checkbox"/>	<input type="checkbox"/>