

Supplementary Table 1. Differences in characteristics between people who participated in baseline survey and those who participated in both baseline and follow-up surveys

	People who participated in baseline survey only (n=1,643)	People who participated in both baseline and follow-up surveys (n=2,159)	p-value
Sex (%)			
Men	44.7	40.9	0.018 ^a
Age (years old; mean \pm SD)	75.3 \pm 6.1	73.3 \pm 7.1	<0.001 ^b
Marital status (%)			
Married	58.3	63.0	0.003 ^a
Household composition (%)			
Living alone	26.4	23.0	0.014 ^a
Duration of residence (%)			<0.360 ^c
<30 years	26.6	25.5	
30–49 years	32.5	36.7	
\geq 50 years	40.9	37.8	
Educational year (%)			<0.001 ^c
6–9 years	19.2	12.3	
10–12 years	42.4	42.0	
\geq 13 years	38.4	45.7	
Subjective financial status (%)			<0.001 ^c
Affluent	34.5	38.6	
Neither	28.1	22.4	
Poor	37.4	39.0	
Comorbidities (%)			0.003 ^c
0	31.9	36.3	
1	46.7	45.4	
\geq 2	21.4	18.3	
Self-rated health (%)			
Good	72.3	81.8	<0.001 ^a

IADL score (ranging from 0–5; mean \pm SD)	4.7 \pm 0.8	4.9 \pm 0.5	<0.001 ^b
Frequency of community activity participation (%)			<0.001 ^c
Non-participation	47.1	35.9	
<once a week	28.5	30.6	
\geq once a week	24.4	33.5	
Frequency of going out per month (times; mean \pm SD)	26.2 \pm 17.9	28.2 \pm 17.5	<0.001 ^b
Employment status (%)			
Working	64.6	64.8	0.934 ^a
Social isolation status (%)			
Socially isolated	25.4	21.0	0.002 ^a

IADL, instrumental activities of daily living; SD, standard deviation.

a: chi-squared test. b: t-test. c: Mann–Whitney U-test.